

“Hello!” *from Haiti*

Welcome, Lorraine!

If you follow Real Hope for Haiti, you have seen the name Lorraine pop up from time to time. Most people probably have not met her or even seen a picture of her. Lorraine is Davis (hereafter referred to as Zach) Zachary's wife. They are very much in love; that love has brought much joy and an inner peace to Zach. God said it is not good for man to be alone; He obviously knew what He was talking about. I first met Lorraine at their wedding reception and then got to spend time with her while I was in Cazale in November 2012.

The past year has been a time of getting adjusted to marriage, living in Haiti, blending into the culture, getting to know Lori, Licia and Casey and their families as well as the numerous people that work at RHFH. I am sure that by itself is more than enough to accomplish in one year. In keeping with Scripture, her greatest roll has been that of being the helpmate to Zach, which is what God intended her to be. I guess you could say she has been getting her feet wet in the ministry and life at Real Hope for Haiti. She has been a very good balancing

Lorraine had spent a lot of time prior to meeting Zach as a fundraiser for various organizations. Now friends, that has to be a God-thing. Because of the many outreaches of RHFH, fundraising is sure needed. Since Lorraine has gotten her feet wet, and because she is so energetic and ambitious for God, she is already getting involved in filling a needed ministry to God. In her heart, Lorraine knows her 1st responsibility is to God, her 2nd to Zach, and her 3rd to everything else that comes along in life and ministry. Last month she organized a telethon fund-raiser in Minnesota, her home state. She has been instrumental in packing supplies in Anderson and organizing the work.

Lorraine is not going to be content sitting and waiting for Jesus to come back. She desires to be about the Master's business. We have worked together, ate together and prayed together. I have seen 1st hand her love and devotion to the people of Haiti. She is not only a blessing to Zach, but also to the ministry of RHFH.



-Ken Smith, RHFH Board Member

NOTICE: Change of Address!

RHFH has a new mailing address. Please make note of this change, as our PO Box will be closing at the end of 2013.

All donations and mail should now be sent to **RHFH, 15215 Endeavor Drive, Noblesville, IN 40606.**

Thank you for being flexible with us as we work to make improvements that will help us all!



Real Hope for Haiti
15215 Endeavor Drive
Noblesville, IN 46060



Email: info@realhopeforhaiti.org

For more information about our organization, you can like us on Facebook, or visit our website realhopeforhaiti.org

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School Sponsorship



It is an exciting time of the year here in Cazale. This is the month that school begins. The school sponsorship program is beginning its 10th year of enabling children in the Cazale area to attend school. We current have around 200 children that are on the program. We are in need of around 20 sponsors to meet the need for the 2013-2014 school year. The cost to sponsor a child for the entire school year is \$300. This can be made in a one time payment, monthly or several payments throughout the year. The cost includes books, bookbags, uniforms, and tuition for the school year. Sponsors get a picture and a brief update 4 times throughout the year. For more information, write to: info@realhopeforhaiti.org



Before & After: Stories from the Rescue Center

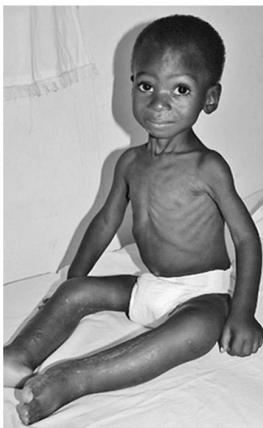
Saraphina



Fedner is four years old and this is his third time with kwashiorkor. He was very swollen upon admission, weighing 24 pounds. He lost 5 ¾ pounds of water weight and then began to gain healthy weight on the Medika Mamba Program. He is now at 26 pounds.

Saraphina was admitted with kwashiorkor, and weighed 22 pounds. She lost 2 ½ pounds of water weight before beginning to gain healthy weight. She is now up to 23 pounds. At home she has a widowed papa raising her four sisters and four brothers.

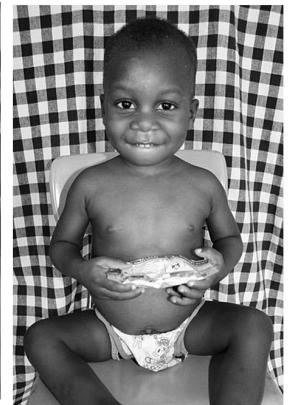
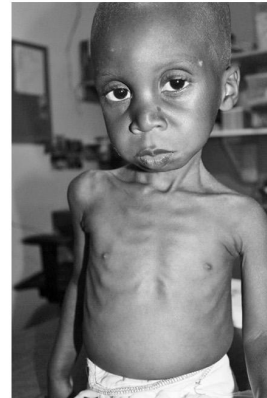
Osner



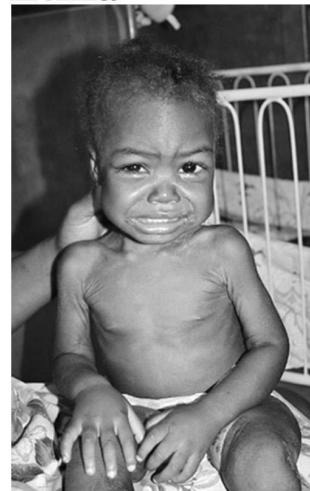
When **Etina** was admitted, her hair had turned brittle and was falling out, her skin was breaking down, and she was swollen from kwashiorkor. She weighed 17 ½ pounds, 1 ½ pounds of that being water weight. She is now at a healthy weight of 25 ½ pounds.

As skinny as **Osner** was, weighing 19 ½ pounds upon admission, it's hard to believe that he was retaining over 1 ½ pounds of water due to kwashiorkor. It took him nine weeks on the Medika Mamba Program to get to his ideal weight for his height. His current weight is 24 ¾ pounds.

Fedner



Etina



Words from Gretchen

Holiness is saying NO to the world and its expectations and YES to God. Rely upon God's wisdom, strength, and ingenuity rather than that of people.



Understanding Malnutrition

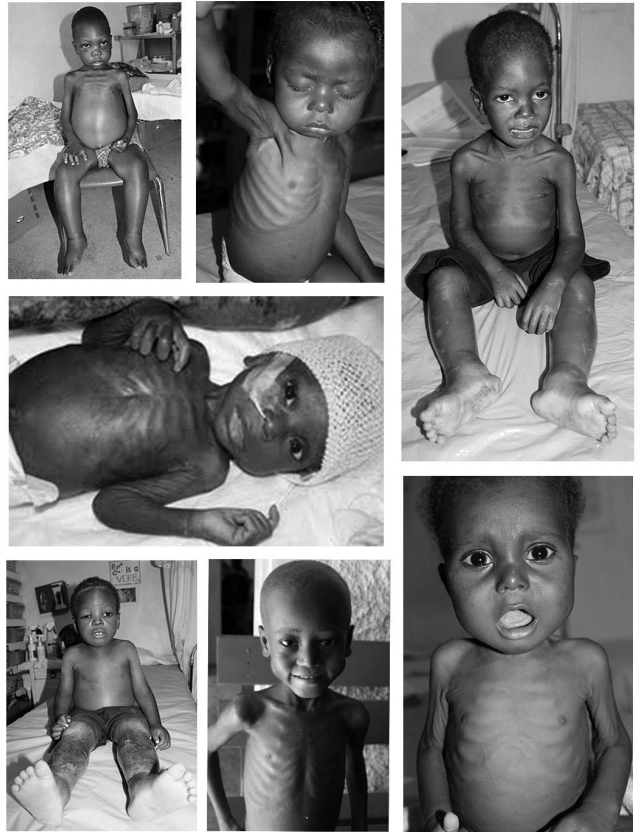
We see two main forms of malnutrition that come through the clinic. If the child is severe enough they can be admitted to our inpatient care facility. Both forms, if not treated, can lead to death.

The first form is called Marasmus. This form of malnutrition is where the child is emaciated (skinny). Their body weight is reduced to less than 60% of the normal body weight for the child's age. It leads to extensive tissue and muscle wasting. Other common characteristics include dry skin and loose skin folds. There is also drastic loss of fat and muscle. The prognosis is better than it is for kwashiorkor, but many still can die.

The second and more deadly form is called kwashiorkor. It is an acute form of childhood protein-energy malnutrition. The low protein intake leads to some specific signs: edema of the hands and feet, irritability, anorexia, dermatitis rash, hair discoloration, decreased muscle mass, diarrhea, fatigue, increase in more severe infections, large belly, and lethargy.

Two things that we use for both of these forms of malnutrition is the F-75 therapeutic milk and the medika mamba. Along with basic medication and lots of love, many of the children can recover after an extended stay.

Children with severe malnutrition are at risk for several life-threatening problems like hypoglycemia, hypothermia, serious infections, and severe electrolyte disturbances. Because of these issues, most should be admitted to an inpatient care facility.



To God be All the Glory!

We want to thank each of you that donated funds for Claudette and Saint Vique. They both have been here for an extended period of time. They were both able to get surgery and are attending their follow-up appointments. It was such a blessing to see so many people come together to meet these needs.



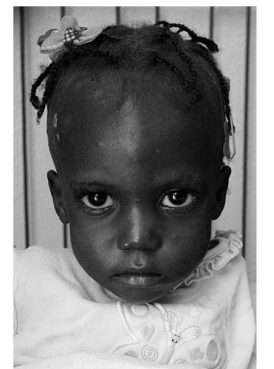
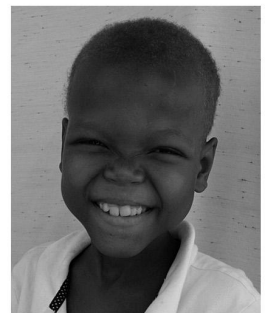
"Above is Leonard, top right is Pierre Louis and bottom right is Lourdena. All three kids are in need of a sponsor or co-sponsors."

Make a Difference: Sponsor a Child

An excellent program is available for you to be able to connect with a recovering child at the Rescue Center. Sponsorship is valuable in many ways – it helps ease RHFH's financial burden of caring for the child during recovery, someone will be praying for the specific needs of the child and the child's family, and it allows the sponsor to have a unique insider's view to the preciousness of the child, getting to know the child's personality and see the incredible healing and growth that occurs at the RC.

Each sponsorship enables a child in to receive life-saving, 24/7 care in the RC. A donation of \$125 per month provides 3 meals and 2 snacks daily, medical testing, medication, clothing, supplies, caring staff, and transportation. Another option is to co-sponsor a child for only \$40 per month. Perhaps a friend or family member would like to co-sponsor with you? If not, don't worry! We'll match you up with a child and assign other co-sponsors as they become available. Sponsorship is a great way to personally make a difference in a recovering child's life!

For more information or to begin sponsoring a child, you can go to the RHFH website sponsorship page at http://www.realhopeforhaiti.org/?page_id=6138 or email licia@realhopeforhaiti.org.



Current Needs

We are in need of:

- powdered formula
- baby wipes
- toothpaste
- trash bags
- canned meat
- Reli-On glucose testing strips
(Walmart brand)
- anti-fungal powder
- triple antibiotic ointment



If you would like to donate any of these items, email lori@realhopeforhaiti.org to get the address of the next person visiting Haiti that could bring the needed items down with them. Thank you!



Got Milk?

We do! Thanks to generous donations from individuals and organizations, we are able to provide baby formula for 23 kids in our care in the Rescue Center and 8 babies in the surrounding communities. Breastfeeding is taught and encouraged at every opportunity, but what about those babies whose mothers have died in childbirth or are too sick to feed them?

These infants are at risk of malnutrition or death. Your gift of \$6.75 will provide a can of infant formula for one of these children and ensure a chance of good nutrition and healthy growth.



Prayer Requests of RHFH

We appreciate your prayer support for good health and strength for the staff and volunteers, God's favor and blessing, open hearts to the Gospel message, healing for the patients in our care, sustained improvements in the lives of the Haitian people, and Godly wisdom for future plans at RHFH.



**Don't forget,
our mailing address
has changed!**

**Real Hope for Haiti
15215 Endeavor Drive
Noblesville, IN 46060**

**Also, please note
that our P.O. box
will be closing at
the end of 2013.**



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