## May 2021 update



...hope in this life and the life to come...

These children are alive and thriving because of the partnership established between you, the RHFH staff, caregivers, and parents. With this effective teamwork, you are a part of healing, education, and hope that has bought malnutrition rates down from 75% to 42% (from 1998 to 2021). Thank you for getting these tools into the lives of parents so that they are strengthened by realizing they have the power to make impactful improvements for their families.





Judenie's mom was at a loss about what to do with her sick daughter. Even though she had taken her to a clinic, the diarrhea, vomiting, and fever persisted. She was not eating much and quickly losing weight. A friend recommended that she visit RHFH's clinic. We were able to do some lab work and get her the needed medications to begin her recovery for her intestinal illness. As she started feeling better and her appetite improved, we addressed her malnutrition by talking and working with her mother to give her foods that would improve her health, which were both affordable and available near her home. She was also accepted to the outpatient program that provided her with fortified, high-calorie peanut

butter, which she took daily as treatment.

With hard work and determination, her mother put the education, food, and encouragement together to care for her child at home. They visited weekly and she slowly gained weight. We all celebrated when she reached her goal weight and was no longer considered malnourished. Her mom is so happy for the changes that she made that gave good health to her daughter and everyone in the house. She says Judenie is more joyful and full of life now and it makes her happy she can play with her friends again.

When I brought my son to the clinic in 2016 I had lost all hope because he was very sick. He stayed in the malnutrition center for 4 months. It really was a miracle to me that he lived. Today I want to say that I am thankful because I have a son who is growing up beside me and is healthy and happy. He is learning well in school and that makes my heart happy. It is by the grace of God my son is alive today. I want to thank everyone who helps the center and clinic run each day because it is important to the community.









My son's mom is not around and is unable to care for him. I have had him since he was 2 months old. He had malnutrition and kwashiorkor. He stayed in the inpatient facility for several months and was healed. When he went home, we came back each month for our appointments. He lost a little weight each time and after 6 months he was considered malnourished again. The nurse spent a lot of time with me and said my son qualifies for outpatient program this time since he was not severe. I was scared, but gave him the foods she said to feed him. Sometimes I

would miss a day or 2 if we were low on food, but I did my best. He reached his goal weight in 3 months and is now walking. I am so happy.

I came to the clinic with my daughter from far away. I saw that she was changing in her appearance: losing weight, no appetite, and sleeping more. The nurse told me that she was malnourished and gave us medications, milk and medika mamba (fortified peanut butter). She also talked to me about which foods were best to feed her. By the Grace of God she recovered; gaining weight each week and eventually reaching her goal weight. I am so happy that she is happy now and healthy. I want to first tell God thank you then the staff at the clinic. I want them to continue the work they do because it is important to the area.









I would like to thank RHFH for helping me with my son. His mama died when he was young. We lived in a very bad part of Haiti that is overtaken by gangs and we were not safe. Caleb became sick and malnourished. He was admitted for inpatient care at RHFH. During that time, I worked very hard and was able to move out of the area we were living in. Now, I am able to live with my son and work. I come each month for appointments at the clinic and Caleb is doing well. I pray God will bless those who helped my son and I with long life.